

AT THE WEAKEST

Choreographed by Travis Taylor

Music: At My Weakest by James Arthur

Dance Description: 32 Counts (Rolling Counts), 2 Walls, High Intermediate

START DANCE FACING 1:30



INTRO: 24 Counts in Waltz timing

1/2 R ARC WALK AROUND – CROSS 1/4 L 1/2 L – 1/4 SIDE SWAY R, L, R – 1/4 R 1/2 R 1/2 R

1-2-3 Stepping R fwd dragging L, 1/8 R Stepping L fwd dragging R, 1/8 R Stepping R fwd sweeping L around to face 6:00

4&a Cross L over R, 1/4 L Stepping R back, 1/2 L Stepping L fwd

5-6-7 1/4 L Stepping R to R side swaying upper body towards L 45, Replace weight on L swaying upper body towards R 45, Replace weight on R swaying upper body towards L 45 (6:00)

8&a 1/4 R Stepping L back, 1/2 R Stepping R fwd, 1/2 R Stepping L back (9:00)

BACK LOCK BACK – BACK LOCK BACK – BACK/HOOK – FWD – 1/2 L – 1/2 L

1/4 L SIDE/Drag – SAILOR – BEHIND/SWEEP – BEHIND – 1/8 R - FWD

1&a Step R back, Lock L over R, Step R back

2&a Step L back, Lock R over L, Step L back

3 Step R back hooking L foot under R knee

4&a Step L fwd, 1/2 L Stepping R back, 1/2 L Stepping L fwd (9:00)

5 1/4 L Stepping R to R side dragging L towards R (6:00)

6&a Step L behind R, Step R to R side, Replace weight on L

7 Step R behind L whilst sweeping L around

8&a Step L behind R, 1/8 R Stepping R fwd, Step L fwd

FWD/1/8 R HITCH – CROSS – SIDE – BEHIND – 3/4 R STEP/HITCH – STEP LOCK STEP

FULL TURN L/HOOK X2 & FWD/Drag – BACK – 1/2 R - FWD

1 Step R fwd hitching L into a figure 4 position – also turning 1/8 R to face 9:00 on the hitch

2&a Cross L over R, Step R to R side, Step L behind R

3 1/4 R Stepping R fwd whilst hitching L into a figure 4 position – also turning 1/2 R to face 6:00

4&a Step L fwd, Lock R behind L, Step L fwd

5a Step R fwd into a full turn L hooking L under R knee, Step fwd on L

6a Step R fwd into a full turn L hooking L under R knee, Step fwd on L

7 Step R fwd dragging L to meet R with no weight change

8&a Step L back, 1/2 R Stepping R fwd, Step L fwd (12:00) **WALL 3 RESTART**

STEP FWD – ROCK L/REPLACE R SWEEP L – BEHIND – 1/8 R – FWD – FWD 1/2 BACK –

BACK WALTZ – STEP/Drag – CROSS TWINKLE

1 Step R fwd dragging L past

2-3 Rock L fwd, Replace weight on R sweeping L around

4&a Step L behind R, 1/8 R Stepping R fwd, Step L slightly fwd (1:30) **WALL 2 RESTART**

5&a Step R fwd, 1/2 R Stepping L back, Step R slightly back (7:30)

6&a Step L back, Step R together, Step L in place

7 Walk fwd R dragging L

8&a Slightly Cross L over R, Rock R to R side, Replace weight on L (travelling forward)

Tag At the end of Wall 4 – Repeat the last 4 Counts of the dance as the tag (5&a, 6&a, 7-8)